



OSSINOS' MARKET  
**PREPARED**  
**FOODS**  
MENU FALL 2020

[www.ossinos.com](http://www.ossinos.com)



# VEGGIES

## **SICILIAN CAULIFLOWER | 10.99/LB**

roasted cauliflower tossed with caesar dressing, mozzarella, & roasted tomato

## **BROCCOLI RABE & GARLIC | 10.99/LB**

sauteed broccoli rabe with lemon, garlic, & olive oil

## **ROASTED BUTTERNUT SQUASH | 10.99/LB**

roasted squash with cranberry, warm spices, & candied walnuts

## **GOAT CHEESE FIGS | 10.99/LB**

figs stuffed with our sun-dried tomato goat cheese spread & prosciutto

## **CAPRESE ROASTED ASPARAGUS | 10.99/LB**

jumbo asparagus sauteed with charred tomatoes, mozzarella, & herbs

## **ROASTED AUTUMN VEGGIES | 10.99/LB**

medley of autumn veggies simply roasted with salt & olive oil

## **BALSAMIC BRUSSEL SPROUTS | 12.99/LB**

crispy brussel sprouts, with bacon & tossed in balsamic glaze

## **ROASTED BABY CARROTS | 10.99/LB**

tricolor carrots roasted & tossed with citrus min vinaigrette

## **PESTO BEET VEGGIE NOODLES | 9.99/LB**

beets, zucchini, cabbage, red onion, & peppers tossed in our homemade pesto

## **CARAMELIZED PEARS | 10.99/LB**

pear, blue cheese, bacon, cranberry

# MEAT & SEAFOOD

## **MARINATED OCTOPUS SALAD | 17.99/LB**

celery, capers, onion, peppers, & olive oil

## **PISTACHIO CRUSTED SALMON | 19.99/LB**

pistachio crusted salmon

## **GARLIC WINE SHRIMP | 16.99/LB**

sauteed shrimp with garlic, & tomatoes

## **MARYLAND CRAB CAKES | 16.99/LB**

lightly sauteed

## **PORK MILANESE | 16.99/LB**

crispy pork cutlet with an arugula salad

## **SAUSAGE STUFFED MUSHROOMS | 13.99/LB**

sausage & caramelized onion filling

## **ITALIAN SAUSAGE & PEPPERS | 12.99/LB**

with homemade italian sausage

## **SIGNATURE MEATBALLS | 9.99/LB**

family secret recipe!

## **MEAT LASAGNA | 10.99/LB**

pasta noodles layered with bolognese, ricotta, & parmesan

## **BBQ BRISKET | 14.99/LB**

smoked, braised & glazed with homemade whiskey bbq sauce

## **BACON CHEDDAR MEATLOAF | 13.99/LB**

classic italian meatloaf stuffed with bacon & cheddar

## **BEEF STUFFED PEPPERS | 11.99/LB**

gluten free, saffron rice, parmesan, ground pepper, onion, peppers, herbs

# POULTRY

## **CHICKEN CUTLETS | 10.99/LB**

fried to perfection!

## **CHICKEN PARMESAN | 13.99/LB**

chicken cutlet baked with marinara & parmesan

## **ASIAGO CRUSTED CHICKEN | 13.99/LB**

chicken cutlet baked with asiago, roasted tomatoes, & pesto

## **GRILLED CHICKEN BREAST | 10.99/LB**

simply grilled with salt & olive oil

## **CHICKEN FRANCESE | 11.99/LB**

sauteed chicken breast with lemon butter sauce

## **BUFFALO CHICKEN MEATBALL | 10.99/LB**

ground chicken breast rolled with veggies, blue cheese & buffalo sauce

## **HALF ROASTED CHICKENS | 9.99/LB**

# DELI SALADS

## **CLASSIC COLESLAW | 8.99/LB**

tossed with our secret dressing recipe

## **CREAMY MACARONI SALAD | 8.99/LB**

tossed with our secret dressing recipe

## **POTATO SALAD | 8.99/LB**

tossed with our secret dressing recipe

## **TUNA SALAD | 10.99/LB**

tossed with our secret dressing recipe

## **CHICKEN SALAD | 10.99/LB**

tossed with our secret dressing recipe

# STARCHES

## **CLASSIC POTATO AU GRATIN | 10.99/LB**

thinly sliced potatoes tossed with our cheese sauce & baked to perfection

## **EGGPLANT ROLLATINI | 9.99/LB**

eggplant cutlets rolled with ricotta & parmesan

## **EGGPLANT PARMESAN | 9.99/LB**

eggplant cutlets layered & baked with ricotta, marinara, & parmesan

## **MINI PARMESAN ARANCINI | 2.00/EA**

saffron & parmesan risotto fried to perfection

## **TRICOLOR ROASTED POTATOES | 9.99/LB**

simply roasted with parmesan, lemon, & olive oil

## **CRISPY ZUCCHINI FLOWERS | 16.99/LB**

stuffed with an herb ricotta filling & fried with tempura batter

## **VEGETABLE LASAGNA | 9.99/LB**

pasta noodle, bechamel, parmesan, assorted veggies, ricotta

## **CLASSIC POTATO CROQUETTES | 2.00/EA**

homemade mashed potatoes with parmesan fried to perfection

# SIGNATURE SALADS

## **BROCCOLI CRUNCH SALAD | 10.99/LB**

arugula, broccoli, bacon, pecans, dried cranberries, red onion, bourbon dressing

## **GREEK GRAIN SALAD | 10.99/LB**

assorted ancient grains, tomato, olive, cucumber, onion, feta, med vinaigrette

## **MARINATED ARTICHOKE SALAD | 10.99/LB**

chef's special

## **TOASTED CHICKPEA SALAD | 10.99/LB**

roasted chickpeas with parmesan, onion, pepper, herbs, & lemon

## **CHARRED CORN SALAD | 10.99/LB**

corn, tomato, mozzarella, basil, onion, balsamic, & olive oil

## **CITRUS LOBSTER SALAD | 25.99/LB**

fresh water lobster meat tossed with lime, lemon, orange, mayo, onion, & herb

## **CHINESE CHICKEN SALAD | 10.99/LB**

pulled chicken, edamame, cabbage, onion, pepper, noodles, & miso dressing

daily prepared foods | make it a  
chef's plate with one entree &  
two sides for \$12(chicken)  
\$14(steak) or \$16(seafood)